

YOUTH PROGRAMS

DARA NEWSLETTER

INCLUSIVE PROGRAMS

DROP YOUR KIDS OFF NIGHT

AGES 5-12

KIDS ENJOY GAMES, CRAFTS, PIZZA, AND MORE!

DATE/TIME: Fri, March 14th, 2025 * 6:00-11:00pm

REG. DEADLINE: Wednesday, March 12th, 2025

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$17.00/CHILD

ALL DAY DROP YOUR KIDS OFF-MARCH 28TH

AGES: 5-12

KIDS ENJOY GAMES, CRAFTS, Activities & more on their day off!

DATE/TIME: Friday, March 28th, 2025 * 7:30am-5:30pm

REG. DEADLINE: Friday, March 21st, 2025

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$35.00/CHILD

SPRING BREAK FUN CLUB

AGES: 5-12

KIDS enjoy their spring break with games, playing outside, crafts, hanging out with friends, & more!

DATE/TIME: Monday, March 31st - Friday, April 4th

* 7:30am-5:30pm

REG. DEADLINE: Monday, March 24th

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$150/res, \$165/non-res

SUMMER FUN CLUB & DOUBLE DIGITS DAY CAMP

Camp registration will open on **February 28th, 2025 @ 8am** for all weeks of camp. for more information visit www.dewittrecreation.org

PRE-K STRESS BUSTERS & OPEN PLAY

AGES: 3-5

Focuses on easy-to-do activities your child can do to help feel better when they are facing big feelings. They'll learn things like mindfully paying attention to their movement and breathing, using artwork to express feelings, and even learn how laughter helps us feel better. Participants will also learn valuable social skills that will help them build friendships and get along with others. They'll cover topics such as including others and sharing, kindness, good listening, respecting personal space, and more.

DATE: Every Friday beginning on January 10th

TIME: 1-2pm Stress busters Workshop & 2-3pm Open play

No Registration Required !!!

LOCATION: Valley Farm Community Center

MARCH 2025

SOCIAL NIGHT

First Friday of Every Month -
Dancing, Refreshments, & Hang Out!

Teens and Adults with Disabilities (16+)

DATE: Friday, March 7th, 2025

TIME: 6:00 PM- 8:00 PM

REG. DEADLINE: Wednesday, March 5th by 5pm

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$10.00/guest

INCLUSIVE ART: DRAWING

Adults with Disabilities

DATE: Friday, March 27th, 2025

TIME: 1:00 PM - 2:00 PM

REG. DEADLINE: Wed. March 26th by 5pm

LOCATION: VALLEY FARMS COMMUNITY CENTER

COST: \$12/guest

SENIOR PROGRAMS

WERQ

WERQ is a fun, non-stop cardio dance fitness class with easy repetitive moves to top 40's music, pop, & hiphop. It's a high calorie burn that you won't even feel!

AGES: Adults and seniors

DATES: Tuesdays, March 4th-April 8th * 6pm-7pm

LOCATION: Valley Farms Community Center

COST: \$60/6 weeks or \$12/drop-in

CRAFTER'S TABLE

March's craft will be various scrapbooking projects - cards, photo pages, ANYTHING you can imagine!

AGES: Adults and seniors

DATES: Every Wednesday, 10am-12pm

LOCATION: Valley Farms Community Center

COST: \$6/drop-in

DROP IN PROGRAMS

CARDIO DRUMMING - Wednesdays at 6pm

PICKLEBALL - Mon-Fri from 8 am -4pm

**all located at valley farms community center



DARA NEWSLETTER MARCH 2025

...PROMOTING COMMUNITY AND QUALITY OF LIFE THROUGH LEISURE SERVICES...



YOUTH AND ADULT SPORTS

SPORTS STARTERS AGES 3-5

THIS SIX WEEK PROGRAMS TEACHES THE FUNDAMENTALS OF THREE SPORTS; Volleyball, Lacrosse, & Bowling

DATES: WEDNESDAY April 9th - MAY 14th

TIME: 5:30 PM -7:00 PM

LOCATION: Valley farms community center

COST: \$40/res;\$55/non-res

REG. DEADLINE: Friday, April 4th , 2025

\$10 early bird discount until March 28

YOUTH FLAG FOOTBALL GRADES K-7TH

3 week flag football league

Teams get one practice the week before the season begins, games are Tuesday evenings, and Saturday afternoons.

DATES: APR 29TH - MAY 17TH, 2025

TIME: TUESDAYS: 5:30PM-8:30PM; SATURDAYS
1:00PM - 4:30PM

LOCATION: DEWITT SPORTS PARK

COST: \$50/RES; \$65/NON-RES

REG. DEADLINE: APRIL 11, 2025

\$10 early bird discount until April 4

3 V 3 MEN'S BASKETBALL

Six Week league with single elimination tournament.

DATES: TUESDAYS APRIL 8TH-MAY 13TH

TIME: 6PM-10PM

LOCATION: VALLEY FARMS COMMUNITY CENTER

teams musts consist of 3-6 players.
PLAYERS REGISTER ONLINE SEPARATELY AND PAY PLAYER FEE.

TEAM FEE: \$150 and player fees are \$5/res;
\$20/non res. registration ends April 1st

YOUTH SOCCER

LITTLE KICKERS (4 YRS) KINDERGARTEN,1ST, & 2ND/3RD

DATES: Sat, April 26 - jun 7. 2025

REG. DEADLINE: Friday, April 4. 2025

TIME: 9 am-1 pm (start times vary within)

LOCATION: Valley Farms & DeWitt sports park

COST: LK, K, 1ST: \$50/res; \$65/non-res;

2nd/3rd: \$56/res; \$71/non-res

\$10 early bird discount until March 28

SPIRIT SQUAD

Cheer on the flag football teams and learn popular chants, cheers, and jumps!

AGES: k-5th grade

DATES: Tuesdays evenings and Saturday afternoons

REG. DEADLINE: April 11th, 2025

TIME: Tues: 5:30pm-8:30pm; Sat:1:00 Pm-5:00 pm

LOCATION: DeWitt Sports Park

COST: \$50/res; \$65/non-res;

\$10 Earlybird discount until april 4

YOUTH VOLLEYBALL

6 week league for grades 3rd-6th

Practice once per week

GAMES: thursday's 5:30pm-8pm

DATES: April 17- may 22

COST: \$50/RES ; \$65/NON RES

REG. DEADLINE: April 4th

\$10 early bird discount until March 29th